



Cooperative Extension Service



Diabetic? Free Food and Training

One of the best ways to manage diabetes is through the food we eat, but many sufferers aren't sure what to eat and often can't afford the food they should. We help solve these challenges by providing free diabetes specific food and education.

PROGRAM

- ✔ 7 week diabetic food education
- ✔ \$25 Kroger gift card for each class
- ✔ Access to registered dietician
- ✔ Free diabetic friendly food
- ✔ Free A1C Testing
- ✔ Transportation assistance

NEXT CLASS BEGINS AUGUST 19TH

Space Is Limited!
Apply Today!

CLASS SCHEDULE

**Every Monday
Aug.19-Oct. 7**

10-1130AM
***No Class Sept. 2

LOCATION

**Durr Education
Center**

450 Kenton Lands Rd.
Erlanger, KY.

LEARN MORE & APPLY ONLINE



Must Apply Online by August 12th!

Faith Community Pharmacy
www.faithcommunitypharmacy.org
859-426-7837

BeConcerned Food Pantry
www.beconcerned.org
859-261-6789

UK Extension Office
www.planeatmove.com
859-356-3155