



Diabetic? Free Food and Training

One of the best ways to manage diabetes is through the food we eat, but many sufferers aren't sure what to eat and often can't afford the food they should. We help solve these challenges by providing free diabetes specific food and education.

PROGRAM

- ✓ 7 week diabetic food education
- ✓ \$25 Kroger gift card for each class
- ✓ Access to registered dietician
- ✓ Free diabetic friendly food
- ✓ Free A1C Testing
- ✓ Transportation assistance

NEXT CLASS BEGINS MARCH 22ND

Space Is
Limited!
Apply
Today!

CLASS SCHEDULE

Every Friday
Mar.22-May. 10

10-1130AM
***No Class Apr. 19

LOCATION

Durr Education
Center

450 Kenton Lands Rd.
Erlanger, KY.

LEARN MORE & APPLY ONLINE



Must Apply
Online by
March 14th!