

COOPERATIVE EXTENSION SERVICE







One of the best ways to manage diabetes is through the food we eat, but many sufferers aren't sure what to eat and often can't afford the food they should. We help solve these challenges by providing free diabetes specific food and education.

## **PROGRAM**

- 7 week diabetic food education
- \$25 Kroger gift card for each class
- Access to registered dietician
- Free diabetic friendly food
- Free A1C Testing
- Transportation assistance

## **NEXT CLASS BEGINS OCTOBER 6TH**

**CLASS SCHEDULE** 

Every Friday Oct.6-Nov. 17

10-1130AM

**LOCATION** 

Durr Education Center

450 Kenton Lands Rd. Erlanger, KY.

LEARN MORE & APPLY ONLINE



Faith Community Pharmacy www.faithcommunitypharmacy.org 859-426-7837 BeConcerned Food Pantry www.beconcerned.org 859-261-6789 UK Extension Office www.planeatmove.com 859-356-3155